

Mental Health Programs and Services

| | 70°41 - 137 E | California Evidence-based Clearing | nouse for Child Welfare | | |
|--|------------------------|---|-------------------------|----------------------------|--|
| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Aggression Replacement Training | Promising | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium | |
| Alternatives for Families: A Cognitive-Behavioral Therapy | Does not meet criteria | Intervetions for Abusive Behavior | Supported | High | |
| Attachment and Biobehavioral | Does not meet | Home Visiting Programs for Child Well- Being | Well- supported | High | |
| Catch-up - Infant | <u>criteria</u> | Infant and Toddler Mental Health Programs (Birth - 3) | Well- supported | High | |
| Attachment and Biobehavioral | Does not meet | Home Visiting Programs for Child Well- Being | Well- supported | High | |
| Catch-up - Toddler | <u>criteria</u> | Infant and Toddler Mental Health Programs (Birth - 3) | Well- supported | High | |
| Brief Strategic Family Therapy | Well- | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| Brief Strategic Family Therapy | supported | Substance Abuse Treatment (Adolescents) | Promising | Medium | |
| | <u>Supported</u> | Home Visiting Programs for Prevention of Child Abuse and Neglect | Supported | High | |
| Child First | | Prevention of Child Abuse and Neglect (Secondary) Program | Supported | High | |
| | | Infant and Toddler Mental Health Programs (Birth - 3) | Promising | High | |
| | | Domestic/IPV: Services for Victims and their Children | Supported | High | |
| Child Parent Psychotherapy | Promising | Infant and Toddler Mental Health Programs (Birth - 3) | Supported | High | |
| | | Trauma Treatment - Client-Level Interventions (Child & Adolescents) | Supported | High | |
| Eye Movement Desensitization and Reprocessing – Standard | <u>Supported</u> | Trauma Treatment - Adult | Well- supported | Medium | |
| Protocol** | | Trauma Treatment - Client-Level Interventions (Child & Adolescent) | Well- supported | Medium | |
| Familias Unidas | Well- supported | Substance Abuse Prevention (Child & Adolescent) Programs | Well- Supported | Medium | |
| Familias Unidas - eHealth | Does not meet criteria | N/A | N/A | N/A | |



| | | Leave No Child Behind | | | |
|--|------------------------|---|-----------------------------|----------------------------|--|
| | Title IV-E | California Evidence-based Clearingl | ringhouse for Child Welfare | | |
| Program | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Family Check-Up | Well- supported | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium | |
| | | Alternatives to Long-Term Residential Care Programs | Supported | Medium | |
| Eunational Family Thorany | Well- | Behavioral Management Programs for Adolescents in Child Welfare | Supported | Medium | |
| Functional Family Therapy | supported | Disruptive Behavior Treatment (Child & Adolescents) | Supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Supported | Medium | |
| Incredible Years - Parents and Babies Program** | Does not meet criteria | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| Incredible Years - Preschool Basic Program** Incredible Years - School Age | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium | |
| Basic Program** Incredible Years - Toddler Basic Progam** | Promising Promising | Prevention of Child Abuse and Neglect (Secondary) Programs | Well- supported | Medium | |
| Interpersonal Psychotherapy (Stuart & Robertson Manual) | Does not meet criteria | N/A | N/A | N/A | |
| Interpersonal Psychotherapy (Weissman, et al. Manual) | Supported | Depression Treatment (Adult) | Well- supported | Medium | |
| Interpersonal Psychotherapy for Depressed Adolescents | Promising | Depression Treatment (Child & Adolescents) | Promising | Medium | |
| | | Alternatives to Long-Term Residential Care Programs | Well- supported | Medium | |
| Multidimensional Family Therapy | Supported | Behavioral Management Programs for Adolescents in Child Welfare | <u>Well-</u> supported | Medium | |
| Transamensional Family Therapy | <u>Бирропец</u> | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Well- supported | Medium | |
| Multisystemic Therapy | | Alternatives to Long-Term Residential Care Programs | Well- supported | Medium | |
| | Well- | Behavioral Management Programs for Adolescents in Child Welfare | Well- supported | Medium | |
| | supported | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Well- supported | Medium | |



| | | California Evidence-based Clearinghouse for Child Welfare | | | |
|--|------------------------|---|-----------------------|----------------------------|--|
| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Multisystemic Therapy for Child Abuse and Neglect | Does not meet criteria | Interventions for Abusive Behavior | Supported | High | |
| Parent Connectors | Does not meet criteria | Motivation and Engagement Programs | Promising | Medium | |
| | Well- | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| Parent-Child Interaction Therapy | supported | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium | |
| Domantina Wisely, Toon | Dogs not most | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium | |
| Parenting Wisely – Teen Edition** | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium | |
| D C W I V CITI | | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium | |
| Parenting Wisely – Young Child Edition** | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium | |
| Parenting With Love and Limits | Supported | N/A | N/A | N/A | |
| | | Intervetions for Abusive Behavior | Promising | High | |
| | <u>Supported</u> | Parent Partner Programs for Families Involved in the Child Welfare System | Promising | High | |
| Parents Anonymous | | Parent Training Programs that Address Child Abuse and Neglect | Promising | High | |
| | | Prevention of Child Abuse and Neglect (Primary) Programs | Promising | High | |
| | | Prevention of Child Abuse and Neglect (Secondary) Programs | Promising | High | |
| Prolonged Exposure Therapy for Adolescents with PTSD | Supported | Trauma Treatment - Client-Level Interventions (Child & Adolescents) | Well- supported | Medium | |
| Prolonged Exposure Therapy for PTSD | Promising | Trauma Treatment (Adult) | Well- supported | Medium | |
| Safe Environment for Every Kid (SEEK) | Does not meet | Prevention of Child Abuse and Neglect (Primary) Programs | Well- Supported | High | |
| | <u>criteria</u> | Prevention of Child Abuse and Neglect (Secondary) Programs | <u>Supported</u> | High | |
| Together Facing the Challenge | Does not meet criteria | Resource Parent Programs | Supported | High | |



| | Title IV-E | California Evidence-based Clearinghouse for Child Welfar | | |
|---|---------------------|---|-----------------------|----------------------------|
| Program | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance |
| Trauma-Focused Cognitive | Promising | Trauma Treatment - Client-Level Interventions (Child & Adolescents) | Well- supported | High |
| Behavioral Therapy (TF-CBT) | <u>i Tolliising</u> | Sexual Behavior Problems Treatment (Children) | Supported | High |
| Trust-Based Relational Intervention (TBRI) 101 | Promising | Parent Training Programs that Address Behavior Problems in Children and Adolescents | <u>Promising</u> | High |
| Trust-Based Relational Intervention (TBRI) - Caregiver Training | Promising | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | High |

Substance Abuse Programs and Services

| | Title IV-E | California Evidence-based Clearing | nouse for Child Welfare | | |
|---|------------------------|---|-------------------------|----------------------------|--|
| Program | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Adolescent Community Reinforcement Approach | Promising | Substance Abuse Treatment (Adolescents) | Supported | Medium | |
| Brief Strategic Family Therapy | Well- | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| Biter Strategic Failing Therapy | supported | Substance Abuse Treatment (Adolescents) | Promising | Medium | |
| Familias Unidas | Well- supported | Substance Abuse Prevention (Child & Adolescent) Programs | Well- Supported | Medium | |
| Familias Unidas - eHealth | Does not meet criteria | N/A | N/A | N/A | |
| | | Substance Abuse Treatment (Adult) | Supported | Medium | |
| Families Facing the Future | <u>Supported</u> | Substance Abuse Prevention (Child & Adolescents) Programs | NR | Medium | |
| Family Behavior Therapy - Adolescent | Does not meet criteria | Substance Abuse Treatment (Adolescents) | Supported | High | |
| Family Behavior Therapy - Adult with Child Welfare Supplement | Does not meet criteria | Substance Abuse Treatment (Adult) | Supported | High | |
| Helping Women Recover + Beyond Trauma | Does not meet criteria | N/A | N/A | N/A | |
| Matrix Model Intensive Outpatient Program | Does not meet criteria | Substance Abuse Treatment (Adult) | Promising | Medium | |
| Methadone Maintenance Therapy | Promising | N/A | N/A | N/A | |



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| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Motivational Interviewing | Well- | Motivation and Engagement Programs | Well- supported | Medium | |
| worvational interviewing | <u>supported</u> | Substance Abuse Treatment (Adult) | Well- supported | Medium | |
| | | Alternatives to Long-Term Residential Care Programs | Well- supported | Medium | |
| Multidimensional Family Therapy | Supported | Behavioral Management Programs for Adolescents in Child Welfare | Well- supported | Medium | |
| Waltidiniensional Lamity Therapy | <u>Бирропец</u> | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Well- supported | Medium | |
| | Well- supported | Alternatives to Long-Term Residential Care Programs | <u>Well-</u> supported | Medium | |
| Multisystemic Therapy | | Behavioral Management Programs for Adolescents in Child Welfare | <u>Well-</u> supported | Medium | |
| winnisystemic Therapy | | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Well- supported | Medium | |
| Domanting Wisely, Toon | | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium | |
| Parenting Wisely – Teen Edition** | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium | |
| Parenting Wisely – Young Child Edition** | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium | |
| | | Intervetions for Abusive Behavior | Promising | High | |
| | | Parent Partner Programs for Families Involved in the Child Welfare System | Promising | High | |
| Parents Anonymous | Supported | Parent Training Programs that Address Child Abuse and Neglect | Promising | High | |
| | | Prevention of Child Abuse and Neglect (Primary) Programs | Promising | High | |
| | | Prevention of Child Abuse and Neglect (Secondary) Programs | Promising | High | |



| Program | Title IV-E | California Evidence-based Clearing | house for Chile | ouse for Child Welfare | |
|--|------------------------|---|-----------------------|----------------------------|--|
| | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Seeking Safety (Adolescents) | | Substance Abuse Treatment (Adolescents) | Promising | Medium | |
| | Does not meet criteria | Trauma Treatment - Client-Level Interventions (Child & Adolescents) | Promising | Medium | |
| | | Substance Abuse Treatment (Adult) | Supported | Medium | |
| | | Trauma Treatment (Adult) | Supported | Medium | |
| Seven Challenges - Adolescent | Does not meet criteria | Substance Abuse Treatment (Adolescents) | Promising | Medium | |
| Seven Challenges - Adult | Does not meet criteria | N/A | N/A | N/A | |
| Sobriety Treatment and Recovery Teams (START) | Promising | Family Stabilization Programs | Promising | High | |

In-home Parent Skill-based Programs and Services

| | Title IV-E | California Evidence-based Clearing | nouse for Child Welfare | | |
|--|------------------------|--|-------------------------|----------------------------|--|
| Program | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Alternatives for Families: A Cognitive-Behavioral Therapy | Does not meet criteria | Trauma Treatment - Client-Level Interventions (Child & Adolescent) | Promising | High | |
| Attachment and Biobehavioral | Does not meet | Home Visiting Programs for Child Well- Being | Well- supported | High | |
| Catch-up - Infant | <u>criteria</u> | Infant and Toddler Mental Health Programs (Birth - 3) | Well- supported | High | |
| Attachment and Biobehavioral | Does not meet | Home Visiting Programs for Child Well- Being | Well- supported | High | |
| Catch-up - Toddler | <u>criteria</u> | Infant and Toddler Mental Health Programs (Birth - 3) | Well- supported | High | |
| Brief Strategic Family Therapy | Well- | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| Brief Strategic Failing Therapy | supported | Substance Abuse Treatment (Adolescents) | Promising | Medium | |
| | | Home Visiting Programs for Prevention of Child Abuse and Neglect | Supported | High | |
| Child First | Supported | Prevention of Child Abuse and Neglect (Secondary) Program | Supported | High | |
| | | Infant and Toddler Mental Health Programs (Birth - 3) | Promising | High | |
| Circle of Security – Intensive | Does not meet criteria | N/A | N/A | N/A | |



| | | California Evidence-based Clearing | house for Child Welfare | | |
|---------------------------------|------------------------|---|-------------------------|----------------------------|--|
| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Circle of Security – Parenting | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Not able to be Rated | Medium | |
| Familias Unidas | Well- supported | Substance Abuse Prevention (Child & Adolescent) Programs | Well- Supported | Medium | |
| Familias Unidas - eHealth | Does not meet criteria | N/A | N/A | N/A | |
| Family Centered Treatment | <u>Supported</u> | Family Stabilization Programs | <u>Promising</u> | High | |
| Family Check-Up | Well- supported | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium | |
| Family Spirit | Promising | Home Visiting Programs for Child Well- Being | Promising | Medium | |
| Healthy Families America | Well- | Home Visiting Programs for Child Well- Being | Well- supported | Medium | |
| Healthy Families America | <u>supported</u> | Home Visiting Programs for Prevention of Child Abuse and Neglect | Does not meet criteria | Medium | |
| Homebuilders - Intensive Family | Well- supported | Family Stabilization Programs | Supported | High | |
| Preservation and Reunification | | Interventions for Neglect | <u>Supported</u> | High | |
| Services | | Post-Permanency Services | <u>Supported</u> | High | |
| Bervices | | Reunification Programs | Supported | High | |
| Intercept | <u>Supported</u> | N/A | N/A | N/A | |
| Iowa Parent Partner Approach | Promising | Parent Partner Programs for Families Involved in the Child Welfare System | Promising | High | |
| | | Alternatives to Long-Term Residential Care Programs | Well- supported | Medium | |
| Multidimannianal Family Thomas | | Behavioral Management Programs for Adolescents in Child Welfare | Well- supported | Medium | |
| Multidimensional Family Therapy | Supported | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium | |
| | | Substance Abuse Treatment (Adolescents) | Well- supported | Medium | |
| None Family Designation | | Home Visiting Programs for Child Well- Being | Well- supported | Medium | |
| | Well- | Home Visiting Programs for Prevention of Child Abuse and Neglect | Well- supported | Medium | |
| Nurse-Family Partnership | <u>supported</u> | Prevention of Child Abuse and Neglect (Primary) Programs | Well- supported | Medium | |
| | | Teen Pregnancy Services | Well- supported | Medium | |



| | | California Evidence-based Clearing | d Welfare | |
|--|------------------------|---|-----------------------|----------------------------|
| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance |
| | | Interventions for Abusive Behaviors | <u>NR</u> | High |
| Nurturing Parenting Program for Parents and their Infants, | Does not meet | Parenting Training Programs that Address Child Abuse and Neglect | NR | High |
| Toddlers, & Preschoolers | <u>criteria</u> | Prevention of Child Abuse and Neglect (Secondary) Programs | NR | High |
| | | Interventions for Abusive Behaviors | Promising | High |
| Nurturing Parenting Program for Parents & Their School-Age | Does not meet | Parenting Training Programs that Address Child Abuse and Neglect | Promising | High |
| Children 5 to 11 Years | <u>criteria</u> | Prevention of Child Abuse and Neglect (Secondary) Programs | Promising | High |
| Parent Connectors | Does not meet criteria | Motivation and Engagement Programs | Promising | Medium |
| Parents as Teachers | Well- | Home Visiting Programs for Child Well- Being | Promising | Medium |
| Parents as Teachers | supported | Prevention of Child Abuse and Neglect (Primary) Programs | Promising | Medium |
| D. C. W. L. T. | Does not meet criteria | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium |
| Parenting Wisely – Teen Edition** | | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium |
| Demontion Window Volume Child | Description | Disruptive Behavior Treatment (Child & Adolescent) | Promising | Medium |
| Parenting Wisely – Young Child Edition** | Does not meet criteria | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Promising | Medium |
| Parenting with Love and Limits | <u>Supported</u> | N/A | N/A | N/A |
| | | Intervetions for Abusive Behavior | <u>Promising</u> | High |
| | | Parent Partner Programs for Families Involved in the Child Welfare System | Promising | High |
| Parents Anonymous | <u>Supported</u> | Parent Training Programs that Address Child Abuse and Neglect | Promising | High |
| | | Prevention of Child Abuse and Neglect (Primary) Programs | Promising | High |
| | | Prevention of Child Abuse and Neglect (Secondary) Programs | Promising | High |



| | | California Evidence-based Clearinghouse for Child We | | |
|---|------------------------|---|-----------------------|----------------------------|
| Program | Title IV-E Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance |
| | | Home Visiting for Prevention of Child Abuse and Neglect | Supported | High |
| | | Interventions for Abusive Behaviors | <u>Supported</u> | High |
| | | Interventions for Neglect | <u>Supported</u> | High |
| SafeCare | Supported | Parenting Training Programs that Address Child Abuse and Neglect | Supported | High |
| | | Prevention of Child Abuse and Neglect (Secondary) Programs | Supported | High |
| | | Home Visiting Programs for Child Well- Being | Promising | High |
| SafeCare Augmented | Does not meet criteria | N/A | N/A | N/A |
| Sobriety Treatment and Recovery Teams (START) | Promising | Family Stabilization Programs | Promising | High |
| Solution-Based Casework (SBC) | Does not meet criteria | Casework Practice | Promising | High |
| Trials D. Docitiva Docestin a | Promising | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium |
| Triple P - Positive Parenting Program - Group (Level 4) | | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium |
| Triple D. Decitive Depositing | Supported | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium |
| Triple P - Positive Parenting Program - Online (Level 4) | | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium |
| Triple P - Positive Parenting | | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium |
| Program - Self-Directed (Level 4) | Promising | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium |
| Trials D. Desiries Description | | Disruptive Behavior Treatment (Child & Adolescents) | Well- supported | Medium |
| Triple P - Positive Parenting Program - Standard (Level 4) | Promising | Parent Training Programs that Address Behavior Problems in Children and Adolescents | Well- supported | Medium |



Kinship Navigator Programs

| Program | Title IV-E | California Evidence-based Clearinghouse for Child Welfare | | | |
|---|-------------------------|---|-----------------------|----------------------------|--|
| | Rating | Topic Areas | Scientific Rating* | Child Welfare Relevance | |
| Children's Home Society of New Jersey Kinship Navigator Model | Does not meet criteria | N/A | N/A | N/A | |
| Kinship Interdisciplinary Navigation Technologically- Advanced Model (KIN-Tech) | Does not meet criteria | N/A | N/A | N/A | |
| Kinship Supports Intervention (ProtectOHIO) | Promising | Kinship Caregiver Support Programs | Promising | High | |
| YMCA Kinship Support Services | Not eligible for review | N/A | N/A | N/A | |

^{*}The California Evidence-based Clearinghouse for Child Welfare rates the strength of research evidence supporting a practice or program on a five points scale. For ease of comparison, the CEBC ratings have been replaced with their corresponding notation from the Title IV-E Prevention Services Clearinghouse. The CEBC ratings are as follows:

- 1 Well-supported by Research Evidence
- 2 Supported by Research Evidence
- 3 Promising Research Evidence
- 4 Evidence Fails to Demonstrate Effect
- 5 Concerning Practice
- NR Not Able to be Rated on the CEBC Scientific Rating Scale.

This document was last updated on October 22, 2021.

^{**}The Incredible Years, EMDR, and Parenting Wisely programs that have been evaluated by the Title IV-E Prevention Services Clearinghouse do not match perfectly with the program related by the California Evidence-based Clearinghouse for Child Welfare. The target populations of these programs overlap, but do not match.